

SUGGESTED EQUIPMENT LIST

Field exploration is an important part of our program. Adequate clothing is essential. If you do not have some of the **essential** items, you should substitute or improvise. A poncho can be used for a raincoat. Two sweaters and a windbreaker can serve as a heavy jacket.

REMEMBER THAT YOU WILL BE CARRYING YOUR OWN LUGGAGE, SO DON'T BRING MORE ITEMS THAN YOU CAN CARRY.

ESSENTIAL:

Bedding: Sleeping bag or a two-blanket bedroll and sheet, pillow (if desired)

Clothing: (All items of Clothing should be marked with name tapes or indelible ink)

- 1 pair pajamas (kind determined by the season)
- 1 pair strong shoes and one pair of other shoes
- 1 pair of boots, a waterproof rain coat or poncho
- 3-4 pairs socks, 3-4 pairs underwear
- 4 shirts, 2 pairs of jeans (shorts in warmer weather)
- 1 pair shower shoes for the shower area

In Fall or Winter Add or Substitute: (Please see "Dressing for Winter")

- 1 warm hat or ear coverings (very important)
- winter underwear or extra pairs of warm pajamas to be used as underwear
- 2 pairs warm mittens, 2-3 pairs warm socks (in cold months, necessary)
- 1-2 sweatshirts or sweaters
- 1 pair boots or shoes, which fit with wiggle room over 1-2 pair of socks

Toilet Articles:

- 1-2 towels, washcloth
- soap in box, toothbrush and toothpaste
- comb or brush
- Kleenex, shower cap if desired
- drinking cup, plastic or collapsible (not Styrofoam)
- deodorant, if needed
- cloth napkin for mealtimes (essential, we do not provide paper napkins)

Optional: Bathrobe, slippers, compass, camera, binoculars
paper, envelopes, pen and stamps, water bottle while on hikes
small field notebook, pencils, quiet games for dorm time

DO NOT BRING: Guns, hatchets, knives, radios, food, flashlight, video games, money (other than Campstore money), hair dryers, tape players, chewing gum or candy, curling irons, electronic games